

Troop 206 Outdoor Activities Equipment List

Essential Items - Always:

- Compass + map provided by trip leader
- Pocket knife
- Extra food
- Whistle
- Extra clothing (layers)
- Rain gear (jacket and pants)
- Water bottle (at least 1 qt.)
- Matches and fire starter (such as candle)
- Sun hat
- Sunscreen, sunglasses
- Personal First Aid Kit
- Flashlight, extra batteries

Clothing to Wear (NO COTTON!):

- Socks (wool or polypro)
- Hiking boots or sturdy hiking shoes that fit.
- Long pants and/or hiking shorts, depending on weather and terrain
- Gloves or mittens (wool or fleece)
- Hat (Beanie)
- Parka or jacket (wind and water resistant)
- Troop T-shirt

Additional Items for Day Trips:

- Day pack
- Insect repellent
- Eating utensils, bowl, cup
- Water purification tablets
- Plastic bags - large for trash
- Toilet paper in plastic bag
- Notebook and pencil
- Sack Lunch (usually)
- Boy Scout Handbook

Additional Items for Overnight Trips:

- Backpack with STRAPS for outside items. Save room for commissary.
- Ground cloth (lightweight, waterproof)
- Sleeping bag in waterproof stuff sack - as small as you can make it. Synthetic filling.
- Sleeping pad - closed cell foam
- Cup, bowl and utensils/spork
- Nylon cord, 50 feet – can be cut!
- Personal toilet kit - toothbrush!
- Biodegradable soap, Purell
- Rain cover for pack (large trash bag OK)
- Extra clothing in large waterproof plastic bag (no cotton!)

Optional Items for Overnight Trips:

- Fishing gear
- Camera
- Playing cards
- Nature guides
- Paperback book

Patrol Gear (Commissary): provided by the Troop, carried by the Scouts:

- Cooking gear (pots, pans, utensils, etc.)
- Cooking stoves + fuel
- Water purification equipment
- Rope for hanging food
- Sleeping tarp + stakes
- Food (typically planned and bought by the Patrol)
- Maps
- Full first aid kit
- Latrine trowel

Notes on Gear:

- Please label all gear with Scout's name
- Most PACKS are adjustable - be sure it is adjusted for YOUR height
- All gear should be secured in or onto the pack; nothing hanging loose or hand-carried
- Jackets should be fleece or wool.
- Sleeping bags should be inside the pack if possible. Otherwise must be attached by STRAPS, not Bungee cords or string; must have SYNTHETIC STUFFING, NOT DOWN.
- Pack weight will vary: focus on essential items, but make as light and compact as possible.
- Anything that needs to stay dry, such as extra clothing and sleeping bag, should be in a plastic bag. Backpacks are not waterproof and will leak.